



## How To Be Totally Unhappy In a Peaceful World A Complete Manual with Rules, Exercises, a Midterm and Final Exam

By Gil Friedman

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Condition: New. This item is printed on demand. 204 pages.  
Dimensions: 8.5in. x 5.5in. x 0.5in. Most self-help books are trite. They dont tell you anything you dont already know, and if you could follow their advice, you wouldnt need to read the book in the first place. This book, however, is radically different. It assumes that you are a normal happy person and want to experience the misery that so many others complain about. It gives some great advice on how to bring yourself to hell on earth, -- and bring all of your family, friends, and co-workers right along with you! Best of all, you can do all this while rolling on the floor with laughter. Give this book to anyone whose cheerful mood annoys you when you are down in the dumps. I totally recommend this book for anyone even slightly Unhappy or those who love them !! I totally recommend this book for anyone even slightly Unhappy or those who love them !! Its fabulous. We had a great time, saw ourselves and others in the pages and since, unfortunately, this whole family is part of the 20 of happy people in...

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