



I'm Hurting, Not Haunted! (Paperback)

By L M Ivy

Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. There are books on the market that address loss through the lens of boring case studies that use hard to pronounce words and theories as outdated as my grandmother's prom dress. You won't find any of that in I'm Hurting, Not Haunted! I use relevant experience, humor and easy to follow steps that provide immediate, but lasting change for any who desire to triumph in the face of adversity and defeat. This book was written with you in mind. I'm Hurting, Not Haunted! is a tangible response to your pain and will show you how to move past the struggles that have prevented you from moving forward. These practical concepts will redefine everything you thought you knew about death and get you back on course to loving, trusting and living again. I will show you how grief and loss are person specific and reveal why the one size fits all approach will not work for you. It is an easy read specifically written to jumpstart the purpose that was placed inside of you when you were created. This book...



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