



## I Like Me - 5 Easy Ways for Parents to Help Their Children Feel Awesome about Themselves (Hardback)

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By Eleanor Wint

Friesenpress, 2013. Hardback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Having problems getting your preschooler to show that confident, positive sense of self? Wondering if what you are doing will bring the right results? I Like ME gives you the SHINE parenting strategy which ensures that her/his self-esteem develops positively and stays positive while encountering the challenges of growing in this fast-paced environment. Find out: What is the quickest route to building the self-esteem of your preschooler What might be preventing you from parenting effectively What is self-esteem and why it is important at this early preschool age The 5 SHINE strategies that you need to practice on a daily basis How to transfer your learning into action The most common mistakes that hurt effective parenting and how these can be avoided Some suggested resources which you can use in the future You can do little for your child if you are not feeling good about what you are doing, and how you are doing it. Dr. Eleanor Wint Whether you are a stay-at-home Dad, a grandparent, a single-Mom weathering the storm, a Mom who needs a refresher course or a Mom coping with a...



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