



## Indian Made Easy (Paperback)

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By Amandip Uppal

MURDOCH BOOKS, Australia, 2016. Paperback. Condition: New. Language: English . Brand New Book. Whilst Indian food is an incredibly popular cuisine, cooking it on a day-to-day basis can take time and lots of preparation which can be problematic for the busy home cook. In this timely and unique book, Amandip Uppal strips back the process of cooking Indian food to pave the way for a new, casual approach to cooking with both well-known and lesser-known Indian spices and ingredients that fit easily into day-to-day life. Blending traditional and contemporary Indian cuisine, Amandip's recipes breathe a new lease of life into well-known dishes whilst holding true to tradition. Broken into chapters titled Light Bites; Vegetables and Lentils; Fish, Meat and Poultry; Breads and Rice; Salads; Pickles and Chutneys; and Desserts and Drinks, Indian Made Easy contains quick, uncomplicated recipes for every occasion, as well as information on pantry staples, basics and must-have spices, and a fabulous menu planner to help you put together opulent feasts and wonderful combinations of tastes, textures and flavours. Cook up Lamb kofta with saffron creme fraiche and Tamarind rice with Onion; learn how to make Coriander stuffed naan and Sesame and ginger chicken skewers; please...



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