



Self Life Coaching: 21-Days That Will Transform Your World! (Paperback)

By Catherine Ferrier Smith

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Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Transform your world and transform your destiny! Self Life Coaching is a unique classic of tried and true methodology. It's ground breaking and effective work will exercise the mind and can be used over and over again! Improve your world on your own time and at your own pace with easily comprehensible material that will produce measurable results in as little as 21 days! Re-create your world from the inside out! Seek new heights in life. Deepen your current experience. Heal through crisis, stress or depression. Re-discover your Self! Self Life Coaching works for people of all ages and circumstances; from children to teens to adults. Use it for yourself, your family or your group. Catherine Ferrier Smith Other books available on include Holistic Healing, Walking With Angels, Enter The Divine, Souls of Benghazi.



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