



The Raw Milk Answer Book: What You Really Need to Know about Our Most Controversial Food (Paperback)

By David E Gumpert

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Paperback. Condition: New. Language: English . Brand New
Book ***** Print on Demand *****. Finally, a serious and candid
conversation about raw milk, unlike any that has ever occurred
in the many years since raw milk became a subject of
contentious debate. The Raw Milk Answer Book raises the most
difficult questions surrounding our most controversial food--
about the risk of getting seriously ill, whether it should be fed to
children, the credibility of European research indicating raw
milk has important healing powers --and answers them in calm,
non-ideological terms, understandable to beginners and
experienced drinkers alike. It is an engaging conversation,
unblinking in its focus on real-world data, unafraid to take issue
with wild claims on either side of the raw milk controversy. So
controversial is raw milk that obtaining believable information
about it has become nearly impossible. On one side, proponents
often portray raw milk as a miracle food. In their view, it
strengthens the immune system so as to reduce our incidence of
health problems small and large--from colds and flu to cancer,
diabetes, asthma and allergies--and being extremely safe to
boot. On the other side, opponents portray raw milk as having...



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Reviews

Very beneficial to all of class of people. I am quite late in start reading this one, but better then never. You may like just how the writer create this publication.

-- **Audra Klocko PhD**

Thorough information! Its this type of great go through. It is amongst the most incredible publication i actually have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Germaine Welch**